



NATURAL
Family
PLANNING

Christ the King Retreat Center
802 Ford Street, San Angelo, TX 76905
(325) 651-5352 Fax (325) 651-5667
ckrc@sanangelodiocese.org

Natural Family Planning (NFP) teaches couples about their combined fertility. It is a shared method where both husband and wife take responsibility for family planning. Teaching couples to understand and chart the women's cyclical patterns, enables them to identify their window of fertility in each cycle.

For classes by appointment, please call Amy Perez at 325-277-2548 (cell) or 325-658-4480 (home)

2017 Class Schedule

2:00 PM – 4:00 PM

Sunday, January 22, 2017
Sunday, February 19, 2017
Sunday, April 2, 2017
Sunday, May 21, 2017
Sunday, August 6, 2017
Sunday, October 1, 2017

His name: _____ Her name: _____
Address: _____ Address: _____
City, State, Zip: _____ City, State, Zip: _____
Home Phone: _____ Home Phone: _____
Cell Phone: _____ Cell Phone: _____
Religion: _____ Religion: _____
Age _____ Age: _____

NFP Date: _____

Date Received _____ Office Use Only:
Notes: _____ Couple # _____